



# CPR TRAINING

**BE SKILLED. BE CONFIDENT.  
BE PREPARED.**



Nationally Recognised Training



Interactive, hands-on learning



Quick certificate turnaround



**STEP123**

RTO 45007 TRADE SKILLING CENTRE

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# HLTAID009

## Provide Cardiopulmonary Resuscitation (CPR)

**Our comprehensive CPR course equips you with the knowledge and confidence to respond effectively in life-threatening cardiac emergencies.**

- ✓ Perform Basic Life Support (BLS)
- ✓ Deliver CPR for all age groups
- ✓ Use an AED (Defibrillator) safely
- ✓ Follow the DRSABCD action plan
- ✓ Manage unconscious casualties
- ✓ Respond in emergency situations
- ✓ Understand legal and infection control requirements

The HLTAID009 – Provide Cardiopulmonary Resuscitation (CPR) course is a nationally recognised certification that equips participants with the practical skills and confidence to perform CPR and operate an AED (defibrillator) in civil construction environments. It is designed to meet site safety and compliance requirements and is essential for workers who may need to respond to cardiac emergencies or serious incidents on construction sites, including roadworks and infrastructure projects.

This course is ideal for civil construction workers renewing their CPR certification annually, as well as anyone working on-site who wants to be prepared to respond quickly and effectively to life-threatening situations and contribute to a safer workplace.

Upon successful completion of this course, participants will receive a nationally recognised Statement of Attainment for:

### **HLTAID009 – Provide Cardiopulmonary Resuscitation (CPR)**

Participants will also be issued with a CPR card as proof of their current certification, suitable for presentation on civil construction sites.

This certification is valid for 12 months in accordance with Australian Resuscitation Council (ARC) guidelines. Annual renewal is recommended to maintain compliance with civil construction site safety requirements and to ensure skills remain current in high-risk work environments.

This qualification equips participants with the ability to confidently perform CPR and operate an AED in emergency situations on civil construction sites, supporting compliance with workplace health and safety standards across areas such as roadworks, earthworks, and infrastructure projects.

# HLTAID009 Provide Cardiopulmonary Resuscitation (CPR)

To enrol in HLTAID009 – Provide Cardiopulmonary Resuscitation (CPR), participants must:

- Be at least 18 years of age.
- Have the physical ability to perform CPR on the floor for at least 2 minutes.
- Possess basic English language, literacy, and numeracy (LLN) skills to understand instructions, complete assessments, and communicate effectively in emergencies.
- Bring two forms of identification, such as a driver's licence and Medicare card (passport or student ID card also accepted).

Completing the CPR course equips you with the practical skills and knowledge to confidently perform CPR and operate an AED (defibrillator) in high-risk civil construction environments, where rapid response to incidents is critical.

Successful completion may allow you to:

- Meet site safety and compliance requirements as a designated first aider or safety representative on civil construction projects.
- Provide immediate life-saving CPR in the event of workplace incidents, such as plant accidents, falls, or medical emergencies, while awaiting emergency services.
- Enhance employability across civil construction roles, including roadworks, earthworks, infrastructure projects, and site-based operations where safety competencies are essential.

This nationally recognised certification is often a mandatory requirement on civil construction sites, ensuring you are prepared to respond quickly and effectively to life-threatening situations and contribute to a safer work environment.

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